Nature can quietly transport us to wonderful places and make you feel calm. This is the same calmness that I have tried to express in my painting. My artistic creativity and painting help greatly in staying calm with my cancers through the pleasant diversions that they provide. Positive energy from art generates satisfaction, peace, and renewal, if you let it envelop you. But you have to stick with it … the rewards are wonderful. These nutritious sources benefit me while I journey along life with my cancer.

Chandler Bigelow, artist
Sagaponack, New York

SAVE THE DATE  Saturday, July 31st
2010 SUMMER GALA TO BENEFIT FIGHTING CHANCE
Cocktails, Dinner and Dancing
at
WÖLFFER ESTATE VINEYARD
Fighting Chance Medal of Honor presentation

This year it was decided that two Medals of Honor would be presented to two outstanding individuals.

Both Tuck Hardie (left) and Lisa Matlin (right) so generously provided the resources to help Fighting Chance extend our services . . . free of charge . . . to anyone who comes through the office door.

Highlights from 2009 - Our 7th Anniversary Party

Among the guests at the dinner were: Duncan Darrow and Wendy Moonan, Lisa and David Matlin, Tuck Hardie and Linsay Huffner, Kevin and Barbara McLaughlin, Patient Navigator, Maxa Luppi, Ellen Hanson and Richard Perlman, Ben and Deb Gillikin, Dr. Martin and Julie Karpeh, Dr. Peter Bach and Ruth Mazzoni, Dr. William and Maria DiScipio, Rick and Sue Davies, Tony Brandt and Lorraine Dusky, Drs. Renu and Harris Hausen, Steve Byers and Heather Kilpatrick, and Margaret Bromberg
The New York Premiere Screening of An Extraordinary Documentary

Core Club
66 East 55th Street, NYC

CANCER JOURNEYS ON THE EAST END:
The Patients of Fighting Chance

To Friends Old and New,...

As the three co-hosts of the Core Club event, we welcome all of our friends to the screening of “Cancer Journeys,” a 2009 production of public television of Long Island.

Every year, just over 1,000 East End residents are diagnosed with cancer. About 40% of them call Fighting Chance right away. They are swept up into a free-of-charge support system of professional counseling and cancer patient navigation. The only one of its kind on Long Island.

This evening, in a documentary of 30 minutes, you will learn more about Fighting Chance. You can see for yourself — in the film’s stories of six patients who relied on Fighting Chance — just how the patient-fueled system of support strengthens the East End’s healthcare system.

But before you consider a donation...and we hope you will...think back on the film for a moment and imagine something. Imagine you are in the shoes of one of the patients whose journeys you will follow.

And imagine you are waking their walk, along the unfamiliar pathway they navigated on their way to survivorship. Then ask yourself: “If this was me, would I want Fighting Chance by my side?”

Sincerely,
Lisa Matlin
Ann Jackson
Barbara McLaughlin

Lisa Matlin, Ann Jackson and Barbara McLaughlin hosted a screening at Manhattan’s Core Club of “Cancer Journeys on the East End: The Patients of Fighting Chance” on January 14th in New York City.

The film’s producer, director, and cinematographer, Lily Henderson and Fighting Chance Board and Staff members, Patient Navigator Maxa Luppi, Richard Perlman, Ben Gillikin were also in attendance.

Among the guests at the screening were: Duncan Darrow’s wife, Wendy Moonan, David Matlin, Carla Magliocco, Kevin McLaughlin, Ken Wilson, Ann and John Acierno, Kris and Peter Schoels, Catherine Price, Greg Eng, Dr. Jane Galasso, Leslie and Peter Jones, Linda Munson and Grant Schneider, Judit Ungar, Dr. Jonine Bernstein, Nelsa and Jordan Ringel, Jim Johnson, Dr. Stuart and Valerie Mogul, and Dr. Martin Karpeh.
What: Attend all four hours of this program and become qualified as a trained volunteer at Fighting Chance by learning the basic skills of “cancer patient navigation.” Those skills include a “Biology 101” understanding of a cancer cell, how to evaluate the needs of a patient seeking support from Fighting Chance and how to help a patient develop coping strategies and find essential local resources.

Speakers include our professional staff of oncology social workers, navigators and cancer patient advocates.

Why: Because we believe that volunteers who are better educated about cancer provide more effective support for cancer patients and find the volunteer experience more rewarding.

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Volunteer Training

FIGHTING CHANCE VOLUNTEER GRADUATING CLASS 2009

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Team Fighting Chance Runs the March 21st NYC Half Marathon

participants in the NYC Marathon:

FROM SIDLEY AUSTIN:
Annemarie Papazoglou
Hilel Pohulanik
Karen Lee
Michael Greenblatt
Gillian Lizards
Jamie Senior
Christian Trambly
Stephen Hemmerich
Steve Rutenbeg
Amelia McKeithen
Pierre Castillon
Barrett Allison
Robyn Polansky

FROM SECOND MARKET:
Tavis Moonan

INDIVIDUALLY:
Paul Lombardi
Stephane Maisonneuve

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Can I Donate Now? Sure. Just go to www.fightingchance.org. Then hit the “Donate” icon, which takes you to a page where you can make a tax deductible e-conation, and get a receipt. In the comment box, please tell us who asked you to donate.
Becoming an informed patient or caregiver enables you to become more assertive and hopeful medical consumer. Our expert speakers offer programs are designed to give you “state of the art” knowledge, information and resources.

Understanding and Managing Your Legal Issues and Needs
A Workshop for People Treated For Cancer and Their Families
Speaker: Denise Snow, Esq.
The PLAN Project of Nassau/Suffolk Law Services is funded by the NYS Dept of Health Cancer Services Program to assist you with your concerns.
Such topics as the following will be discussed:
- Health Insurance
- Entitlements
- COBRA
- Health Care Proxies
- Power of Attorney, Wills,
- Permanency Planning, ADA, FMLA
SATURDAY, JANUARY 16, 2010; 10:00 AM – 12:30 PM
Riverhead Library, 330 Court Street, Riverhead, NY 11901

Coping With the Effects of Cancer Treatments
Cancer survivorship may be marked by side or after effects of powerful medical treatments. Our speaker will discuss such topics as fatigue, chemobrain, flushing, neuropathy, lymphedema, sexual changes, etc.

Speaker: Steve Passik, Ph.D,
Memorial Sloan-Kettering Cancer Center
Saturday, April 17, 2010; 10:30 AM – 12:30 PM
Co-Sponsored with Southampton Hospital
and Leukemia & Lymphoma Society
Southampton Hospital Parish Hall, Louis Street & Herrick Road
Southampton, NY 11968

“It is far better to know the patient who has the disease than it is to know the disease which the patient has.”
- Hippocrates (460 BC - 377 BC)
Fighting Chance Educational Support Group
2010 Winter/Spring Schedule

Finding Meaning and Hope: Living with Cancer Through Time
Living with cancer as a chronic illness requires patience, stamina, hope and courage. Join us for discussion and support.
Facilitator: Margaret Bromberg, LCSW
1st Tuesday of the Month, 12:00 – 1:30 PM
Jan 5, Feb 2, Mar 2, Apr 6, May 4, Jun 1

Men and Cancer
Men may have particular concerns when they face a diagnosis and treatment for cancer. Join your peers for education and support in a safe and supportive setting.
Facilitator: William DiScipio, Ph.D.
3rd Monday of the Month, 3:00 – 4:30 PM
Jan 18, Feb 15, Mar 15, Apr 19,

Couples Coping with Cancer
The diagnosis and treatment of cancer may strain and compromise relationships and affect quality of life.
Facilitators: William DiScipio, Ph.D & Stacie Selfe, LMFC
3rd Tues. of the Month, 12:00 – 1:30 PM
Jan 19, Feb 16, Mar 16, Apr 20, May 18, Jun 15

Support for Cancer Patients and Caregivers on the North Fork
Southold Presbyterian Church Manse, 53100 Rte. 25,
Facilitators: Vicky Cortese, LCSW; and Julia Graziano, RN
3rd Tuesday of the Month; 3:00 PM – 4:30 PM
Jan 19, Feb 16, Mar 16, Apr 20, May 18, Jun 15
Special Presentations by William DiScipio, Ph.D.
March 16th Family Strategies for Coping with Cancer
June 15th Follow Up on Family Coping Strategies

Hope, Health & Healing
This group will provide information and resource finding while taking a problem-solving approach to adjustment issues during and after cancer treatment.
Facilitators: Karrie Zampini Robinson, LCSW & Carol Mason, Patient Volunteer
3rd Tues. of the Month, 12:00 – 1:30 PM
Jan 19, Feb 16, Mar 16, Apr 20, May 18, Jun 15

Stress Management Strategies for Cancer Patients
Tools & Techniques for Achieving Calm Amidst Chaos
Facilitator: Linda Statum, Instructor
Saturdays 10:30 AM – 12:00 Noon:
January 23 Relaxation & Stress Reduction
January 30 Creative Visualization and Self-Healing/Relaxation
February 6 Calming the Emotions
February 13 A Path for Hope and Healing

Reservations are necessary. For reservations or information, please call Fighting Chance, 631-725-4646. In case of severe weather, please call the number above for details.