



## Major Long Island Foundation Announces Grant to Fighting Chance



Nassau/Suffolk Chapter of **"Swim Across America"** awards \$50,000 for Fighting Chance to Expand Services to Cancer Patients

(Gerry Oakes, left, the Vice-President of SAA is seen here in front of the Sag Harbor Offices of Fighting Chance with it's Chairman, Duncan Darrow)

### From the Chairman

2008 is the first year that Fighting Chance has had to operate in the face of an economic downturn. I believe we have done so successfully.

We're more than halfway through the year and I'm pleased to report that expenses so far are in line with what we budgeted back in January.

We've also worked hard to expand our donations. For example: Summer Gala '08 had twice as many guests and raised twice as much money as our gala last year. Our "net" proceeds (meaning after payment of all event-related expenses) were \$110,000, the most we've ever seen from any fund-raising event.

The \$50,000 grant from SAA is another economic boost and a vote of confidence from an astute Long Island-based organization that gives away \$500,000 every year to local cancer care causes.

Finally -- and this is really the most important point -- we have maintained the superb level of patient service that has become a hallmark of Fighting Chance.



Duncan Darrow  
Chairman of the Board  
Fighting Chance

### Summer Gala '08 . . . Net Proceeds of \$110,000



The Gala Dining Room awaits our guests . . .  
over 150 in attendance

# The Fighting Chance Summer Gala



IN THE PHOTOS: 1. Heather Matthews and Vanessa Petrucelli; 2. Peter Bach (Board Member) and his wife Ruth join their guests; 3. Meredith Darrow poses with friends; 4. Richard Perlman, Board Member, relaxes with pals; 5. Katherine Ryden, former Chair of "The Retreat" with her husband, Pat Nickolatas and Vanessa Petrucelli; 6. Sean Regan and Kate Curtin; 7. Cocktail hour at the Club, well underway; 8. John Jaxheimer and his wife, Sue, joined (on the right) by Bill Melville; 9. Ray Pepi and Karen Arrigoni; 10. Wendy Moonan flanked by Rick Davies (left) and Chris Kelley (right); 11. Board Member Anthony Brandt and his wife Lorraine Dusky (right), with guests Peter Darrow and Denise Seegal; 12. Deborah Gillikin listens to Rick Davies -- head of the legendary progressive rock group "Supertramp" on the keyboard for the cocktail hour; 13. View of grass courts at the Club; 14. Ben Gillikin, Richard De Rose, and Emma Clurman enjoying cocktails (in background, Wilson and Dot Stone); 15. Sue Davies (Chair of Gala) with Barbara McLaughlin (Vice Chair).

**SWIM ACROSS AMERICA . . .** is a non-profit dedicated to raising awareness and funds for cancer research, prevention and treatment . . . through swimming-related events. In the last twenty years its various chapters across the country have raised over \$20 million, making "distance swimming" the vehicle for a new form of grass roots philanthropy. The Nassau/Suffolk Chapter hosts several evens a year. Participants usually swim at least a mile and can go up to ten miles in the major "open water" events. For more information visit their website ([www.swimacrossamerica.org](http://www.swimacrossamerica.org)).

# July 12, 2008 in East Hampton



15



16



17



18



19



24



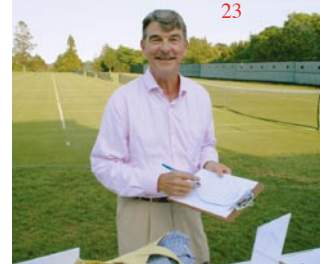
20



21



22



23

Photos by Richard Lewin and C.B. Grubb

15. Paul and Diana Nicholls; 16. Martin Karpeh, Jr. MD, a Board Member, seen here with his wife Julianna (to the right) and Karrie Zampani Robinson, LCSW, Senior Staff Member at Fighting Chance; 17. Appetizers await guests at a table on the Club's outdoor terrace; 18. Pace Barnes chats with Jeff Sander; 19. Lisa Matlin (center) enjoys dinner with Duncan Darrow and Karrie Robinson, both of Fighting Chance; 20. Sue Davies and Duncan Darrow; 21. Carolyn Snyder, Board member and matriarch of Round Swamp Farm; 22. Rob Hanke (left) chats with Roy Parker; 23. Ben Gillikin, Vice-Chairman of the Board; 24. Ellen Hanson (center), active in the Benefit Committee, seen here with friends.

## Ray Costa . . . Forges New Tradition for Fighting Chance

Deutsche Bank is widely viewed as an outstanding corporate citizen. So, it's no surprise that its New York trading desk is home to a group of Fighting Chance's most generous and long-standing supporters.

This group -- Ray Costa, joined by co-workers like C.J. Lanktree and Scott Martin -- have for several years gathered their friends and family for a round of golf at The National Golf Links of America in Southampton. All proceeds go to Fighting Chance.

This year's outing, in June, was the 4th Annual . . . and we thank Ray for forging a new Fighting Chance tradition.



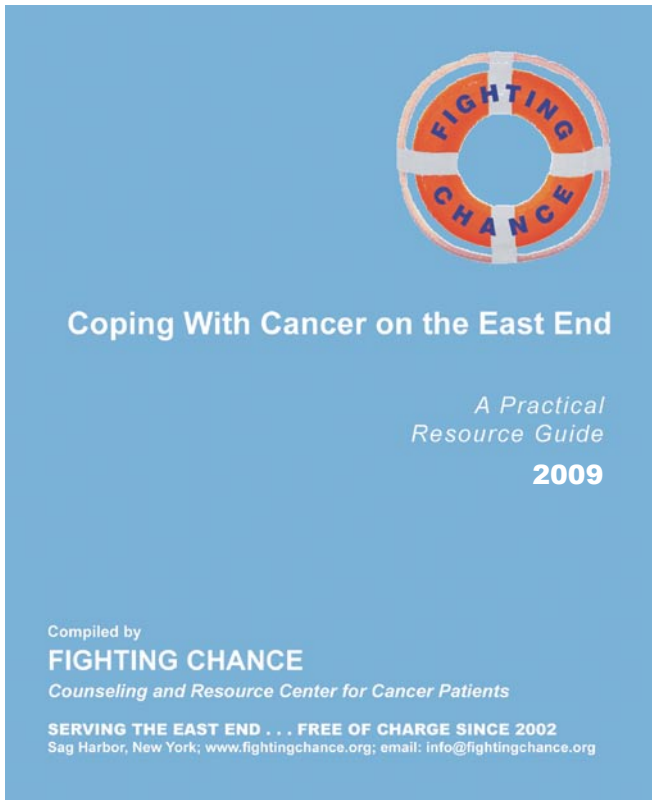
Ray and friends, the 18th hole at The National.



Ray Costa, one of the most generous donors in the history of Fighting Chance.

**“The Guide”** . . . Every year our staff carefully updates the information in our unique directory of empowering resources for cancer patients on the East End. Now known simply as “The Guide,” the 2009 edition (available in November 2008) provides current telephone numbers and email addresses (not always easy to find) for local doctors, hospitals and pharmacies, as well as contact information for other supportive care services.

Like everything we do for cancer patients the Guide is free of charge. We will mail you a copy if you call our office (631.725.4646) or you can download the Guide off our website ([www.fightingchance.org](http://www.fightingchance.org)).



## Table of Contents

CHAPTER 1 ... FIGHTING CHANCE .....	7
CHAPTER 2.... DOCTORS .....	9
CHAPTER 3.... SECOND OPINIONS .....	15
CHAPTER 4.... HOSPITALS AND HEALTHCARE CENTERS.....	19
CHAPTER 5.... CLINICAL TRIALS .....	25
CHAPTER 6.... INSURANCE .....	29
CHAPTER 7.... COMPLIMENTARY MEDICINE.....	37
CHAPTER 8.... EMOTIONAL HEALTH & CANCER.....	43
CHAPTER 9.... PHARMACIES .....	49
CHAPTER 10.. PHYSICAL THERAPY.....	53
CHAPTER 11.. TRANSPORTATION .....	55
CHAPTER 12.. SPIRITUAL SUPPORT.....	59
CHAPTER 13.. COMMUNITY SUPPORT ORGANIZATIONS.....	63
CHAPTER 14.. HOME HEALTH AIDS & SPECIAL EQUIPMENT.	69
CHAPTER 15.. ASSISTED LIVING/NURSING HOMES.....	73
CHAPTER 16.. HOSPICE.....	75
CHAPTER 17.. INTERNET RESOURCES .....	77

## Days of Hope and Healing . . . Workshops in September and November ‘08

### CANCER & NUTRITION -- LATEST UPDATES

**When:** Saturday, September 27th  
10 am - Noon

**Where:** Bridgehampton National Bank  
(the Community Room)  
2200 Montauk Highway  
(corner of Snake Hollow Road)  
Bridgehampton, NY 11932

**Speaker:** Donald Garrity, Chief Dietitian  
The Integrative Medicine Service of  
Memorial Sloan-Kettering Cancer Ctr.

### COMBATING CANCER WITH EXERCISE

**When:** Saturday, November 8th  
10 am - Noon

**Where:** Southampton Hospital  
240 Meeting House Lane  
Southampton, NY 11968

**Speakers:** Staff from  
The Cardiopulmonary  
Rehabilitation Department  
of Southampton Hospital

Fighting Chance is a 501(c)(3) organization, and all contributions are fully tax-deductible. Checks can be made payable to Fighting Chance and sent to us at P.O. Box 1358, Sag Harbor, New York, 11963. Donations can also be made via credit card either on our website ([www.fightingchance.org](http://www.fightingchance.org)) or by calling our office at (631) 725-4646.