



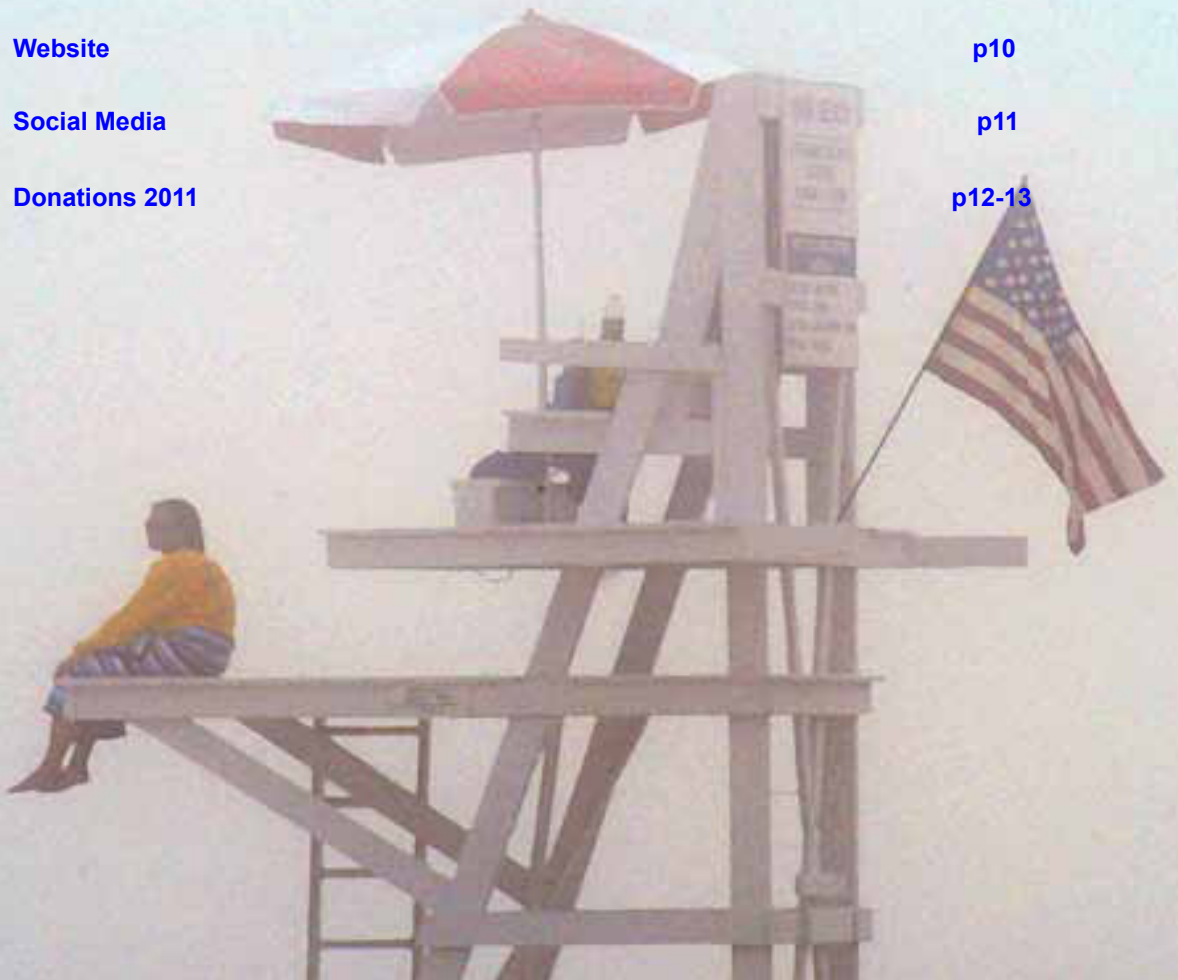
Annual Report 2011

**Free Cancer Counseling Center
Serving the East End ... Since 2002**

**Sag Harbor, New York
www.fightingchance.org**

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FIGHTING CHANCE[®]

Free Cancer Counseling Center
Serving the East End. . . Since 2002

P.O. Box 1358
Sag Harbor, NY 11963
Tel: 631 725 4646
Fax: 631 725 5731
email: info@fightingchance.org
www.fightingchance.org



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Oncology Social Worker

Nancy Greenberg
Patient Navigator
Program Administrator

Lisa Petterson
Coordinator of
Internet Outreach

Maureen McAdam
Volunteer Coordinator

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Sister Ann Marino, R.S.H.M.
Carolyn Snyder

We Believe ...
that everyone who
battles cancer
deserves a

FIGHTING CHANCE

February 2012

To Friends . . . Old and New . . .

Since 2002, I have been writing a Chairman's Letter to introduce our Annual Report and this year I'm delighted to say that Fighting Chance is celebrating its 10th Anniversary.

One of the highlights of 2011 was launching a campaign to raise an endowment fund; it now has approximately \$680,000 in cash and pledges that, once paid in full, will bring the fund close to \$1,000,000.

We also are just beginning a 10 year lease on our newly-constructed office space overlooking the wharf in Sag Harbor, and, both patients and staff seem very comfortable with the new quarters.

I sometimes use the phrase "built to last" because I've felt that it was important – since the day I founded Fighting Chance in 2002 – that we put down deep roots in the villages we serve so that we become an enduring part of the East End healthcare community. With our new endowment and 10 year lease, we have taken important steps toward achieving these long-term goals.

In the pages that follow, you can learn more about other activities in 2011, including our expanding staff, stories about some of the patients we have served, and our first steps towards communicating to patients and other stakeholders through social media.

Sincerely,

Duncan N. Darrow



Financial Condition

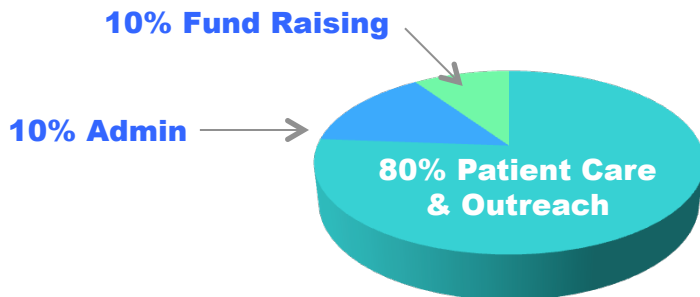
\$450,000

The approximate total of donations received for 2011; operating expenses were slightly less, so Fighting Chance ended up the year “in the black.”

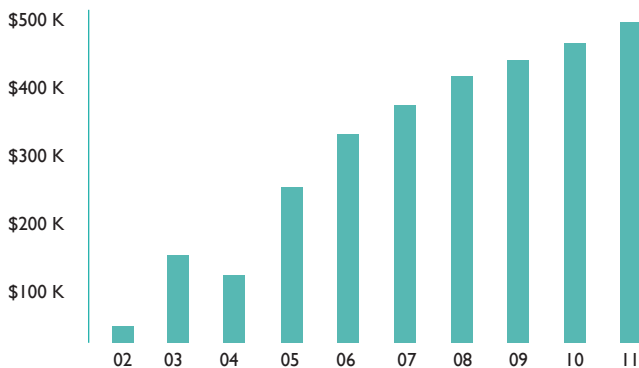
\$680,000

The approximate amount of cash in the 10th Anniversary Fund, all of which was raised during 2011 and will serve as the cornerstone of a Fighting Chance endowment. With the remaining pledges to be paid in 2012, we should end up with about \$1,000,000.

Allocation of 2011 Operating Costs (of about \$450,000)



CHARITABLE DONATIONS PER YEAR



We have audited Financial Statements every year. To review them, go to our website (www.fightingchance.org), and click through to “governance.”

Community support for our services – all of which are free of charge – continues to grow.

Oncology Care Team



Karrie Robinson, LCSW and Director of Clinical Programs



Wm. DiScipio, Ph.D



Margaret Bromberg
LCSW

100 Yrs.

Our three professionals – taken together – have more than 100 years of patient counseling experience; all of their services are free of charge.

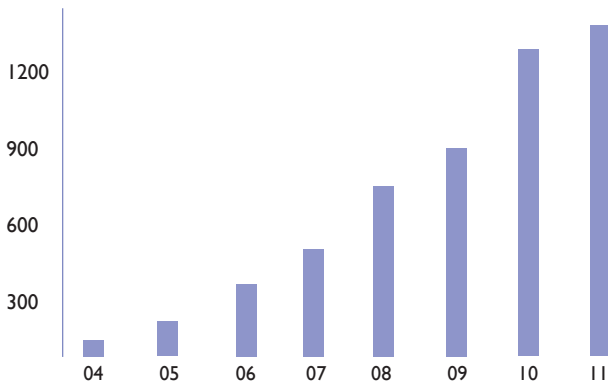


Nancy Greenberg, our current cancer patient navigator, was trained (as was the navigator before her) at the Harold P. Freeman Patient Navigation Training Institute in New York City, and received her official certification.

This means that our navigator has mastered the basic skills of assisting cancer patients in overcoming the many barriers within the health care system that often stand in the way of receiving the best treatment possible.



ONE-ON-ONE PATIENT COUNSELING SESSIONS PER YEAR



During 2011 our professional staff provided 1,250 one-on-one counseling sessions to East End cancer patients.



*From
The Archives . . .
Our first employee,
Jessica Berlin,
seen here at the
Annual Directors'
Appreciation Dinner.*

2002

Sag Harbor Office

Fighting Chance recently moved into a mixed-use office/retail complex near the historic wharf in Sag Harbor. We have a 10 year lease, with no yearly increases, and expect that this will be a happy home for years to come.



Pictured here at right, and left, is the Patient Navigator's station in the Sag Harbor office.



Karrie Robinson, LCSW, provides individual and family counseling in the office seen to the left; Bill DiScipio, Ph.D., sees patients for individual and family counseling in the office shown at right.



Pictured above is a meeting of the Fighting Chance staff in the office's group counseling room.



*From
The Archives . . .*
Our first office, 12' x 12'
was on a Sag Harbor
alleyway (seen here
during the blizzard
of '03).
2003



When patients come to the Sag Harbor office, above, and enter our library, we often say “this is the Internet” – because we have carefully culled from scores of websites all of the best pamphlets, printed them out in hard copy and display them in our library. As a result – especially for patients who are not tech-savvy – the information is far more accessible than it is in “cyberspace.”

Library & Resource Guide



TABLE OF CONTENTS

- Sag Harbor Office of Fighting Chance
- East End Doctors
- Oncologists
- Getting a Second Opinion
- Hospitals & Healthcare Centers
- Enrolling in a Clinical Trial
- Health Insurance
- Complementary Medicines
- Emotional Well-Being
- Local Pharmacies
- Dietary Suggestions
- Physical Therapy
- Free Transportation
- Spiritual Support
- Helpful Civic Organizations
- Home Health Aids & Special Equipment
- Assisted Living/Nursing Homes
- Hospice
- Internet Resources



Coping With Cancer on the East End

*A Practical
Resource Guide*

2010-11

Compiled by
FIGHTING CHANCE
Free Counseling Center for Cancer Patients

SERVING THE EAST END... FREE OF CHARGE SINCE 2002
Sag Harbor, New York; www.fightingchance.org; email: info@fightingchance.org

The most popular booklet in our library is our “where-to-find-it” guide to local cancer care resources.

We wrote the guide ourselves in 2003 and every year or two we’ve tried to update its information and make other improvements. Most patients who come to our office leave with a hard copy of the guide and find it to be an empowering tool for coping with cancer. It is also online, where it can be downloaded for free.

Support Groups

Many patients and care givers who come to Fighting Chance have a desire to participate in some form of “support group” – and we offer several of them, all led by our professionals.

Participants, we have found, gain strength and inspiration from one another – one of the true miracles of the support group process.



The group counseling office at Fighting Chance, where all of our Support Groups meet.

DURING 2011, WE RAN SIX DIFFERENT SUPPORT GROUPS:

Title & Professional Facilitator

Focus of Group

Pathways Through Grief

M. Bromberg, LCSW,
K. Robinson, LCSW

A group of widows, all of whom had husbands who were receiving support from Fighting Chance but died during 2010.

Well Being In Your Own Hands

M. Bromberg, LCSW

For cancer patients undergoing therapy who are looking for coping strategies to “take charge” of their lives.

Hope, Health & Healing

K. Robinson, LCSW

A group – usually with 10 participants – all of whom are well into the “survivorship phase” of the cancer journey.

Finding Meaning & Hope – Living With Cancer

M. Bromberg, LCSW

For those with “late stage” cancer who face a more uncertain future.

Men & Cancer

Wm. DiScipio, Ph.D

Exclusively for male cancer survivors and led by a Fighting Chance counselor who is a prostate cancer survivor.

Journal

Wm. DiScipio, Ph.D,
A. Brandt,
Historian/Author

Co-led by a FC Counselor and a Writer/Board Member for cancer survivors who want to share and express their experiences through writing.

*From
The Archives . . .
Fighting Chance's
second office in
Sag Harbor
which we occupied
from*

2005 - 2008





Home for the Holidays

What if . . . you were 60 years old, lived alone on the East End, and were just diagnosed with cancer? What if . . . you wanted to be inspired by some Christmas cheer . . . but had no place to go?

Welcome home . . . the Fighting Chance Christmas Party . . . mid-December.

This is where many East End cancer patients find themselves – year after year – gaining hope and inspiration from fellow cancer patients while celebrating the holidays in the offices of Fighting Chance. In 2011, we had an organist, plenty of folks singing Christmas carols, a delicious pot luck lunch and plenty of holiday cheer.



Art: Kay Gibson



*From
The Archives . . .*

*Karrie Robinson seen
here enjoying our first
Christmas Party.*

2006

Directors



Martin Karpeh, Jr., MD

“Having been a surgical oncologist for 20+ years, what I appreciate about Fighting Chance – where I’ve been a board member since 2007 – is that it helps us treat the whole patient, and not just the tumor. This holistic approach can be very beneficial.”



Rev. Peter Larsen

“I serve as Chairman of the Board of Southampton Hospital, and for many years I’ve admired Fighting Chance for its efforts to improve the quality of care for East End residents who are diagnosed with cancer. I became a Director of Fighting Chance in 2011 and am honored to help contribute more directly to its important mission.”

Row 1



Row 1: Peter Bach, M.D.; Anthony Brandt **Row 2:** Sue Davies; Judi Desiderio; Steve Byers; Betty Cowles; Duncan Darrow

Row 2



Row 3



Row 3: Cathy Peacock; Rosemarie S. Perrochia; Perry Duryea, III; Renu Hausen, M.D.; Tuck Hardy **Row 4:** Ed Tirrell; Shelley McBee

Row 4



*From
The Archives . . .
The first “Board Retreat”
hosted at Cornaria in
Sag Harbor by
Sister Ann Marino
(front row center).*

2003



Volunteers



*Maureen McAdam
Volunteer Coordinator
for Fighting Chance*

During 2011, Maureen McAdam again led a remarkable core of volunteers through rigorous training and on to countless hours of service to support our patients' battle against cancer.

Having a Volunteer Coordinator on staff has made the "volunteer experience" much more meaningful for those who are willing to give their time.

In both 2010 and 2011, Fighting Chance was a main beneficiary of a remarkable fundraiser known as the "Hamptons Swim Against Cancer."

It was orchestrated by the members of the East Hampton Volunteer Ocean Rescue Team along with Swim Across America. In 2011, we received \$50,000 from the event, making it one of our most significant sources of funding. From another swim held in Glen Cove, and also organized by SAA, we received an additional and very sizable donation.

Thanks again to EHVOR and SAA!



*Jim Arnold of
EH Volunteer
Ocean Rescue*



*From
The Archives . . .
One of the first group of
Fighting Chance Volunteers,
seen here just after completing
their training program.*

2006

Our summer gala – the one pictured below is from 2008 – requires a large number of volunteers, and Fighting Chance is extremely grateful for their help over the last decade.

*From
The Archives . . .
The first time the Maidstone Club
was the venue for our Summer
Gala (seen here, the renovated
Tennis House).*

2008



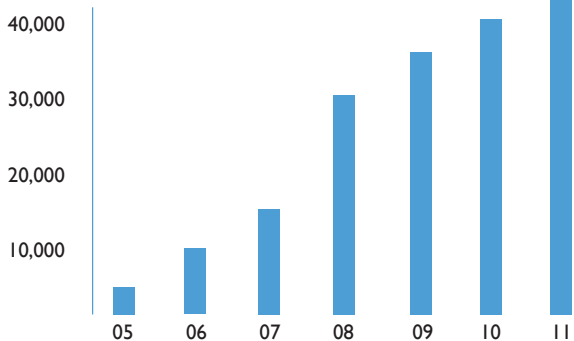
Website



Pictured above is the home page of our current Fighting Chance website (fightingchance.org); we've come a long way since our first website design in 2004.

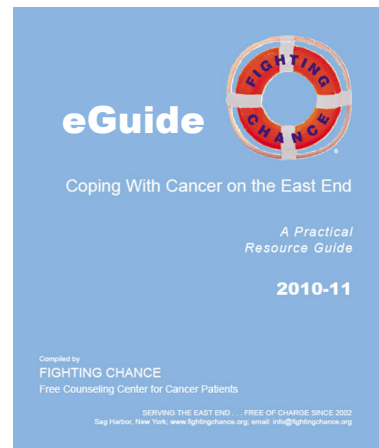


WEB SITE PAGES VISITED PER YEAR



During 2011, visitors to our website reviewed about 40,000 pages of site-based material. Most people came to the site to look at our Resource Guide, and the typical visitor reviewed about 20 pages – in other words, the two or three chapters most relevant to that reader's issues with cancer.

If the typical reader looks at 20 pages of the Resource Guide, and 40,000 pages are reviewed in a year, it suggests that about 2,000 readers reviewed our "eGuide" during 2011 – an impressive figure, since the total number of new cancer patients on the East End is about 1,000 annually.





Social Media

During 2011, we introduced Facebook as a feature on our website and devoted time to developing appropriate text for our new Facebook page; an excerpt is seen below.

facebook

Sign Up

Facebook helps you connect and share with the people in your life.



Fighting Chance



Non-Profit Organization · Sag Harbor, New York

Information

Professional counseling – typically provided by an oncology social worker – is a very beneficial supplement to the purely medical treatment that a cancer patient receives. This type of counseling is the core business of Fighting Chance, and is provided free of charge. The counseling helps relieve cancer patients’ hyper-anxiety and increases their sense of “empowerment” so they feel they have a real chance – a fighting chance – of beating the disease.

Description

Urban-based hospitals often have psychosocial counselors on staff – although only available to that hospital’s patients. But Fighting Chance’s office is “freestanding and independent” – so we can and do assist patients from all six hospitals in and around Long Island’s East End. Indeed, many of the hospitals – and this is not uncommon in rural areas – cannot afford to have an oncology social worker on staff.

Wall

Info

Photos

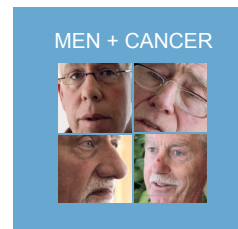
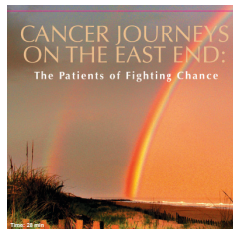
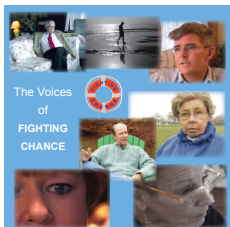
YouTube

And Watch YouTube for Inspiring Videos from Fighting Chance



Connect to these videos, via the web site of our sister non-profit (www.cancersimplified.org).

You can always learn from someone who “speaks from experience” . . . In these videos, you will hear from cancer patients in their own words . . . words that are empowering to the newly-diagnosed and full of helpful coping strategies.



Donations 2011

South Fork Breast Health Coalition
Swim Across America & East
Hampton Volunteer Ocean Rescue

Tuck Hardie & Lindsay Hoffner
Perlman Family Foundation

Darrow Family Fund
David & Lisa Matlin
Houlihan Lokey Capital

Town & Country Real Estate
Kevin & Barbara McLaughlin
Steve Byers & Heather
Kilpatrick
Craig & Erin Reicher
Ethan Moeller
(in Memory of Charlotte Felheim)

Sidley Austin Foundation
Ray Costa
C.J. Langtree
Battle Family Fund
Fountainhead Construction
Jennifer Borg
Cowles Charitable Trust
The Zankel Foundation

Paul R. Carey Foundation
Dr. Martin & Julianne Karpeh
Sue & Rick Davies
Peter V. Darrow & Denise Seegal
(in Memory of Charlotte Felheim)
Ben & Bonnie Krupinski
Ken Robbins
April Gornick

GE Capital
Centerbridge Capital
Sullivan & Cromwell
Christie's & George
McNeely

Angelo Gordon & Co.
Wells Fargo Bank
Texas Pacific Group
Sankaty Advisers

Citigroup
David Hilty
CIT
Deutsche Bank

Goldman Sachs Group
Bank of America
Trilogy Capital
Bain Capital

Girls' Field Hockey Team
of East Hampton
Ladies Summer Tournament/
Bridgehampton Club
East Hampton Rotary Club
Suffolk County National Bank
Sag Harbor Chamber of Commerce
(In Memory of Rob Hess)
Victoria Schiavoni
The Hampton Classic

WEHM
Southampton Bocce League
St. John's Episcopal Church
of Southampton
Apple Bank
Briermere Farms
Montauk Printing
Perry Duryea III
(in Memory of Bill Berkowski, Jr.)
The Lobster Roll Restaurant
Robert & Betty Loughead

The American Hotel &
Ted Conklin
St. Ann's Episcopal Church
of Bridgehampton
Atlantic Golf Club Foundation
Carolyn Snyder &
Round Swamp Farm
Wainscott Farms
Farrell Fritz, PC
East Hampton Hardware Supply

Friends of Montauk Library, George & Maria Metzger, Russell & Lois Huntington, Mari & John Hurd, Elizabeth White, Richard & Christine Langerfield, Margaret Green, Yorktown Middle School, Robert Schorr, David & Diane McIntee, Simone Monahan, Robert Barry, Martin & Janet Kushnick (all in Memory of Gloria Sanlorenzo)

Hillary Collins (in loving memory
of Peter Collins)
Sanjay Chadda
Richard De Rose
Daniel & Jill Dienst
Shirley Goldsmith &
Diane Schade
Rev. Peter & Nancy Larsen
Arnold Paster
Lain Wilson
Michael Kramer
Ben Dell
Jacob Ogito
Ben & Deb Gillikin
Alexander Gorlin

Mike & Karen Wartell
Renu Hausen, M.D.
Joseph Hertzberg
Neil Koenig
Linda & William Melville
Mark & Melinda Palmer
Thomas & Catherine Peacock
Shelley McBee Peters &
William Peters
Robert Postman & Janet Whalen
Alfred & Robyn Poto
Peter & Jacqueline Schellbach
Mark Goldstein
Amy & Joe Perella
Charitable Fund
Gregory Eng

Chuck Miller
Joost Schiereck
Philip & Diane Tutino
John Birdsall
Amy & Joe Perella Fund
Lucy B. Cookson
Wade & Rosemarie
Perrocchia
Alice Carella
Cathleen McGuigan
Ed Emanuel
Lucy Cookson
Donald Regan
Wendy Lyon Moonan
Michael & Kathleen Voldstad
Joseph & Susan Armbrust

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Michele Arnold
Alan & Jacqueline Mitchell
Foundation
Leni Moore
Priscilla Bowden

Kathryn Szoka
C.B. Grubb
Walter Glennon
Sarah Robinson
Washington Post Company
Suzanne E. Wolfson
First Giving
Asa & Lisa Gosman
Ralph Gibson
Frederick & Marion Kneip
Michele Llewelyn
Alan Michell
Marshall Watson
Tom Watson
Hollis Forbes
Alice M. & Thomas Tisch
Foundation
John C. & Raquel C. Baker
Victoria & Amanda Cain
Daniel & Brooke G. Neidich
Foundation
Suzanne Stephens
Jennifer Borg

Martin Schoeller
Tavis Moonan
Gautam Dhingra
Donald & Barbara Zucker
Family Foundation
Patricia R. Handal
Inter County Bakers Inc.
Jacqueline Lowey
Catherline Madigan
Lisa Opoku
Michael & Patricia Pomarcio
Bonnie & Richard Reiss
Alfred Shuman
Barbara L. & Stuart Strauss
Anthony Dupee
Matthew Glass
Ki Hackney
Michell Seider
Alexandra Leigh-Hunt
Nancy Greenberg
Dan Rizzie
Roy Parker
Charlie Canaban
Elisabeth Biondi

Hodges and Sons Plumbing
& Heating
Chadwick D. Holleman
Joseph & Patricia
Hossenlopp II
John & Mari Hurd
John D. Dovich & Assoc., LLC
Cynthia Parker Kaback
Mary C. Keady
Ken Jin
John E. Farley
Martin & Janet Kushnick
Nancy & Pater Landt
John Lizars
Joan Lycke
Geraldine & John Magnaldi
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Jodi Della Femina
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Gary & Tracy Waleko
Ray & Anna Waleko
Ellen Hoffman Wallop
Elizabeth White
Nancy Wicker
John & Patricia Wood
William & Lesley Yardley
Barbara Maslen
Arthur Dodge
James & Maureen McGeehan
Jessica & Patrick Fitzpatrick
Joanne & Arnold Simon
Saul Burian
James W. Oxnam

SERVICES

(all free of charge)

- One-on-one professional counseling with a psychologist or oncology social workers
- Cancer patient navigator on site daily
- Professionally-led support groups
- “Where-to-Find-It” guide to cancer care resources on the East End
- Reading room with pamphlets on wide range of cancer-related issues
- “On-line University” that teaches ‘Cancer A-to-Z’ in about one hour (www.cancersimplified.org)
- Assistance with transportation to medical appointments

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Sag Harbor, NY 11963
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