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FIGHTING CHANCE

Counseling and Resource Center for Cancer Patients serving the East End free of charge . . .since 2002

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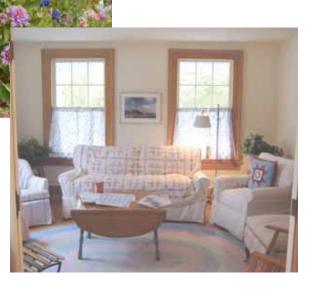
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HOME SWEET HOME . . .In April 2007 Fighting Chance moved into new offices. We have five rooms on the ground floor of an 1890's home in the historic district of Sag Harbor. We have ample parking and our patients have already adopted a small garden in the rear of the property.







FIGHTING CHANCE

Counseling and Resource Center for Cancer Patients Serving the East End . . . free of charge since 2002

> P.O. Box 1358 Sag Harbor, NY 11963 Tel: 631.725.4646 Fax: 631.725.5731 *e-mail: info@fightingchance.org website: www.fightingchance.org*

To Friends of Fighting Chance . . . Old and New:

Each year about 1,000 residents of the East End are stricken with cancer and about 40% of them call Fighting Chance – many within 48 hours of diagnosis. Providing help to these people, and their families, is why we exist. What cancer patients find at our Sag Harbor office is someone else who will fight by their side. Someone who is a real pro.

Almost everyone in our office has spent their career on the cancer battlefield. We have oncology social workers who have provided cancer patient support for decades. Another crisis counselor is a cancer survivor and PhD. Our navigator was trained at the National Cancer Institute and helped author the Fighting Chance directory of key contacts within the East End healthcare system. And, if you can't get to the doctor we'll find someone to drive you there.

These and our other programs (all free-of-charge) are outlined in the pages that follow; you can see, I hope, how well they compliment one another.

Over time, the communities we serve have recognized the valuable role of Fighting Chance. In 2007, the year when we celebrated our fifth anniversary, we raised \$382,000 from over 400 contributors. Each donor is named on the front or back of this annual report. Thanks to all of you, from the bottom of my heart.

And what about the future of supportive care for cancer patients? We think, as also discussed in this report, more support will be delivered by "cancer patient navigators" -- we have had one on our staff for nearly three years.

For there to be more navigators, however, there will need to be role models, an accepted course of study and certification. This is an area of cancer care where Fighting Chance can share our practical experience with others, and we expect to do so.

But whether we are talking about the past or the future, our core belief is the same as the day we started: that everyone who battles cancer deserves a fighting chance.

Gana

Duncan N. Darrow Chairman

Board of Directors Peter Bach. MD Betsy Battle Anthony Brandt Duncan Darrow (Chair) Sue Davies Ben Gillikin (Vice Chair) Renu Hausen, MD Martin S. Karpeh, Jr., MD Sister Ann Marino, R.S.H.M. Barbara McLaughlin Linda Melville Richard Perlman Rev. Darwin Price Grace Price Carolyn Snyder Edward L. Tirrell

Karrie Zampini Robinson, LCSW Director of Clinical Programs

Jessica Berlin, MSW Director of Internet Outreach

Heather Matthews Cancer Patient Navigator

Bill Di Scipio, PhD Senior Clinical Advisor

We Believe... that everyone who battles cancer deserves a FIGHTING CHANCE



Duncan Darrow Chairman of the Board Fighting Chance

Our Free-of-Charge Programs . . . (1) Patient Education . . .



(2) Cancer Patient Counseling . . . (3) Urgent Care Services

Workshops on topics of interest ... five times a year





WORKSHOPS

PROF.

COUNSELING

NAVIGATION

SUPPORT GROUPS **Cancer Patient Support Groups** ... at our Sag Harbor office

Karrie Robinson and Jessica Berlin serve jointly as professional group leaders with all sessions held at local hospitals.

Each group has around 15 patients with separate sessions for caregivers and those with advanced cancer.



Patient

Transportation

Housecleaning & Help-at-home

Services

Professional Counseling. from our Oncology **Social Worker**



Karrie Zampini Robinson

. . previously with Memorial Sloan-Kettering Cancer Center in New York as Director of Post-Treatment Resource Programs, before joining Fighting Chance in 2005.

Conducts in-office counseling sessions each week with cancer patients, often with follow-up telephone conference.

Masters in **Social Work** ... provides e-conseling



Jessica Berlin

... for some cancer patients, counseling over the internet, what we call "e-counseling" is the most convenient.

Our advisory emails are one-of-a-kind . . . based on a careful review of each email and each patient's needs.

Patient Navigation . . . from our **Cancer Information Specialist**

Heather Matthews

... raised in Montauk, worked at Memorial Sloan-Kettering Cancer Center and completed training under the National Cancer Institute program as a cancer information specialist.

Financial Aid

Neighborhood

Fund



photos: C.B. Grubb

Provides telephone counseling to cancer patients to help navigate the health care system.



Highlights from 2007 ...

June '07 ... Ribbon Cutting at our New Office and Community Open House



More than 100 guests in attendance. Special thanks to our event partners . . . Turbochef and HC&G Magazine.

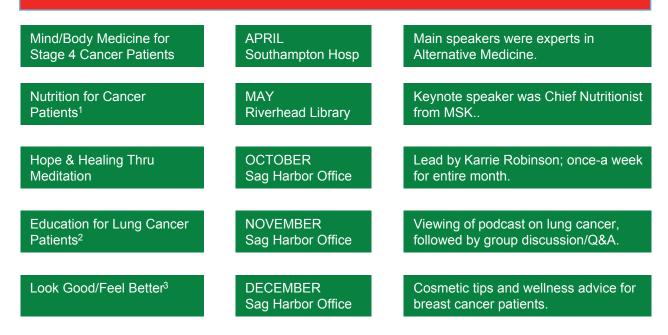
Book of Hope



Published in July 2007

The voices of 40 cancer patients -- all of them being counseled by Fighting Chance -- providing a personal reflection on "What Hope Means To Me". Widely distributed in bookstores across the East End.

COMMUNITY WORKSHOPS... Fighting Chance put on five of these during 2007 -- each on a topic of special interest to cancer patients. We typically had 25 or more attendees and expect to continue this outreach program.



1) Co-sponsored with North Fork Breast Health Coalition. 2) Co-sponsored with Lung Cancer Research Foundation. 3) Co-sponsored with Komen/Race for the Cure & the American Cancer Society.

Fighting Chance . . . Building More Bridges To The Medical Community

Fighting Chance continues to build bridges to local oncology providers, as well as major cancer centers like Memorial Sloan-Kettering or "MSK" which is based in New York City but has two satellite facilities on Long Island. Two of our current staff members -- **Karrie Robinson** and **Heather Matthews** -- are both MSK alumni, having worked at MSK earlier in their careers.

Our medical advisory board is very important to Fighting Chance. We are fortunate that it is headed up by **Philip Schulman, MD** who is the Chief Oncologist at the MSK facility in Commack, about half-way out Long Island. Dr. Shulman also served as the Honorary Chair of our summer gala in both '06 and '07.



Dr. Peter Bach



Barbara McLaughlin

A new member of our board of directors, joining us in 2007, is **Peter Bach, MD**, from MSK's main facility in New York City. Another new Board member is Renu Hausen, MD, one of the leading radiation oncologists on the East End.

Barbara McLaughlin also became a new board member in '07, after serving for several years as executive director of MSK's main fundraising arm, known as "The Society of Memorial Sloan-Kettering."

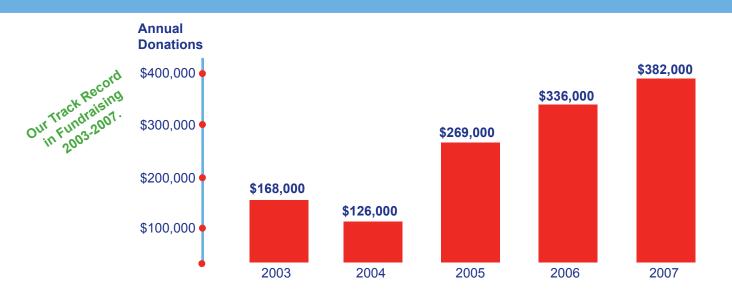
Finally, Martin Karpeh, Jr. MD, board member of Fighting Chance, began his career at MSK and then headed up The Cancer Center at Stony Brook University Hospital. This past year he was appointed Chairman of the Department of Surgery at Beth Israel Hospital.



Dr. Schulman at the MSK Commack Facility



Dr. Martin Karpeh, Jr.



Cancer Patient Navigators... an Introduction

Q. What is a Cancer Patient Navigator?

A. Someone who is schooled in how the health care system takes care of cancer patients and how local communities can provide additional resources.

Because the process of diagnosis, treatment and recovery is so highly *fragmented* -- a typical cancer patient can easily see five different doctors -- the navigator provides continuity for the patient and also helps improve lines of communication between the patient, their family, their doctors, the hospital and insurers.

Q. Do they have a role in cancer detection?

A. In some cases, yes. One of the pioneering navigation programs, created by Dr. Harold Freeman at a hospital in Harlem, used navigators to insure that individuals with suspicious cancer findings received prompt diagnosis.

Q. Is there a widely-accepted course of study to become a cancer patient navigator?

A. No. The navigator at Fighting Chance was educated to serve as a "cancer information" specialist" by the National Cancer Institute – and helped staff the NCI's 1-800 telephone "helpline" for several years. But many navigators have never completed any organized course of study, although there is a three-day training initiative underway at a cancer center in New York City.

Q. Are the services of a Cancer Patient Navigator reimbursable under Medicare? A. No, but the services are free of charge at Fighting Chance.

Q. Is the Federal Government doing anything?

A. Yes. An Act of Congress – signed into law by the President in 2005 – called for \$25 million of funding for "Pilot Programs" to see how helpful navigation services were to cancer patients. And in 2007 a panel of experts working for a unit of the National Academy of Science issued a report saying that services from navigators are critically important if oncology providers want to Act of Congress million appropriating \$25 million meet an "acceptable standard of care."

One Hundred Rinth Congress of the United States of America

AT THE FIRST SESSION

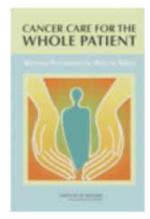
Begun and held at the City of Washington on Tuesday, the fourth day of January, two thousand and five

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,

SECTION 1. SHORT TITLE.

"This Act may be cited as the Patient Navigator Outreach and Chronic Disease Prevention Act of 2005".





Authored by:

Committee on Psychosocial Services to Cancer Patients/Families in a Community Setting, Institute of Medicine.

Cancer Patient Navigators... How They Help

Suspicious Signs & Testing **Diagnosis:** "You Have Cancer' Evaluating Treatment Options **Primary Treatment** (Surgery) Additional Treatment (Chemo and/or Radiation) Survivorship Plans & Long-Term Observation

Questions Patients Ask Navigators:

- Q. What kind of tests are required and how do I find a good oncologist?
- Q. I want to learn about cancer... but I'm 70 years old and never used a computer . . . how can I get internet access and can someone help me find the best websites?
- Q. Feels like I am in shock... do you have crisis counseling?
- Q. I want to learn a lot more about this cancer... is there a specialized library where can I get brochures and see videos?
- Q. I'll need help from the community... do you have a guide to local cancer care resources?
- Q. Where can I get a "2nd Opinion" and who can explain the pros and cons of clinical trials?
- Q. Can someone look at my insurance policy and tell me if every treatment option is covered?
- Q. In deciding between treatments, I'd like some statistics on odds for survival . . . where do I get that data?
- Q. What's going to happen at the hospital -- how long will I be there, what doctors will I see, will surgery be painful and how long will my recovery take?
- Q. When I get come home from the hospital, are there some volunteers who can help around the house for a while?
- Q. Is there someone who could drive me to some of my radiation treatments -- which will happen 5 days/week for 5 weeks in a row?
- Q. I'm worried about the side effects of chemo... can someone educate me?
- Q. What are my rights at the workplace... do I get my old job back?
- Q. Is there a support group nearby for cancer patients?
- Q. I want to learn more about good nutrition and stress management... are there any local resources?
- Q. I've seen several doctors, which one is the best to call if I think my cancer is coming back?



THURSDAY, JULY 14, 2007



THE TEAM: Karrie Robinson, Duncan Darrow and Heather Matthews

5 Years of Giving A Fighting Chance

BY JOHN BAYLES

FIGHTING CHANCE has moved from a tiny space behind the Kramoris Gallery to a traditional, beautiful Sag Harbor home on the corner of Jermain Avenue and Route 114. They may have a swank new place, but they're not letting it go to their heads. Their mission remains the same - to provide help to those who need it most.

Fighting Chance was founded five years ago by Duncan Darrow and on Saturday, they will hold a ribbon cutting ceremony for their new offices. Fighting Chance is growing into a non-profit that Darrow hopes will one day be synonymous with his hometown.

The name came from a prayer. In 2001 Darrow's mother was diagnosed with lung cancer.

"Dear God, all we re asking for is a fighting chance. That was my prayer every night," said Darrow. Fighting Chance began as a small group of Darrow's friends, some of whom were cancer survivors, who gathered to brainstorm on ways they night be able to help cancer patients. Today Fighting Chance can proudly say that in five years they have helped approximately 2000 cancer patients and caregivers. they have distributed over 10,000 resource guides and have over 5,000 visitors a month to their website

They have updated the guide four years in a row. It contains useful resources such as transportation options to and from hospitals, information on available clinical trials for new cancer drugs, and a list of pharmacies that take Medicare, have home delivery and speak Spanish. Many such resources can be found online, but a guide with all the resources in one place had never existed. Director of Clinical Programs at Fighting Chance, Karrie Zampini Robinson pointed our another benefit of the resource guide.

"A lot of older people don't go online." said Robinson. The guide is good for them."

"We basically started as a clearing house," said Darrow. "Then one day looked up and this little foundation had a Sloan-Kettering Counselor and a National Cancer Institute Patient Navigator."

Patient Navigator Heather Matthews joined Fighting Chance 2005 from the National Cancer Institute where she was trained as a Cancer Information Specialist. Robinson also had 16 years of counseling care and oncology social work experience at Sloan-Kettering. Darrow said without them Fighting Chance would not be what it is today.

"The typical patient shows up at Fighting Chance's front door usu-

ally within 48 hours of diagnosis.

"They come in and we sit them down in the living room," said Darrow. "We show them a half hour video on their disease."

Robinson said the vidwo might be the first time the patient really "hears" about their cancer.

"When the doctor tells you," said Robinson, "you're in shock and you're not really listening."

From the living room the patient is led into the cancer library where a "wall of hope" has been constructed showing the 10 best clinical trials currently underway in the country. The library also has cancer literature in Spanish

The foundation has acknowledged certain facts: cancer isn't going anywhere. Hospitals are doing less and less for the patient; hospitals only treat the tumor.

At Fighting Chance, Robinson and Matthews treat the patient, the "whole" patient, and the family.

FINANCIAL CONDITION

The audited financial statements for Fighting Chance, Inc. (which are available to anyone by simply calling our office) have been prepared by our CPA and, for the year ended December 31, 2007, include (i) statement of cash flows, (ii) statement of activities, (iii) statement of financial condition, and (iv) footnotes.

For the year ended 12/31/07 . . .

Our approximate total revenues were: \$382,000 Our approximate total expenses were: \$337,000 Our approximate "rainy day fund" totals: \$60,000

Fighting Chance, Inc. is a New York Non-profit corporation and also has qualified as a charitable organization under section 501(c)(3) of the Internal Revenue Code. "Fighting Chance" is a US registered trademark owned by Fighting Chance, Inc. which also is proprietor of the domain name "fightingchance.org."



Counseling and Resource Center for Cancer Patients Serving the East End . . . Free-of-Charge since 2002 112 Hampton Street, Sag Harbor, NY 11963 631.725.4646 www.fightingchance.org

More Donors from 2007 . . .

* In Memory of William Calvert